

Swosti Thapa, MDS.

Pulchowk, Lalitpur, Nepal



Education:

Masters of Dental Surgery (M.D.S.) <i>(MD Equivalent)</i>	2014	Chongqing Medical University, China
Bachelor of Dental Surgery (B.D.S.)	2010	People's Dental College and Hospital, Tribhuvan University, Nepal
Proficiency Certificate Level (P.C.L.)	2004	Viswa Niketan Science Campus, Tribhuvan University, Nepal
School Leaving Certificate (S.L.C.)	2001	Adarsha Vidya Mandir High School, Nepal

Work Experience:

Registrar / Attending in Plastic and Oro-maxillofacial Surgery	2018 to present	Dept. of Plastic, Burn, Reconstructive and Maxillofacial Surgery Kirtipur Hospital, Phect, Nepal
Resident	2014 to 2017	Dept of Oral and Maxillofacial Surgery The Affiliated Stomatological Hospital of Chongqing Medical University, China
Dental Surgeon	2011 to 2013	Vinayak Hospital, Nepal
Dental Surgeon	2011 to 2012	Universal Dental Hospital and Lab Training Institute, Nepal

Language Proficiency: Nepali (fluent in speaking and writing); English (fluent in speaking and writing), Hindi (fluent in speaking and writing), Chinese (speaking)

Memberships:

1. Nepal Medical Council, Permanent (2014); Specialty Registration (2017)
2. Arbeitsgemeinschaft für Osteosynthesefragen – Craniomaxillofacial Surgery (AOCMF) Membership (2017)
3. Editor, Nepalese Medical Journal (2018 -)
4. German Society of Plastic and Reconstructive Surgery Deutsche Gesellschaft für Plastische und Wiederherstellungschirurgie [DGPW e.V.](2024)
5. American Society of Plastic Surgeons – 2025-2026

International Awards:

- Pioneering Women in Reconstructive Surgery (PWRS) Fellowship, Resurge International, 2022 to 2024

International Training and Volunteer Work:

- Visiting Fellow in Plastic Surgery, Stoney Brook University, New York, USA, 2022
- American Society of Plastic Surgery Annual Meeting, Boston, 2022
- Laser training at World Congress of Dermatology, Singapore, 2023
- Breast Reconstruction Mission, Odonto-Stomatology Centre, Hue Central Hospital, Vietnam, May 2023
- Congenital Deformity Surgery Mission and Teaching Programs, Odonto-Stomatology Centre, Hue Central Hospital, Vietnam, June 2023
- Visiting Fellow in Craniofacial Surgery at Charité – Berlin University Medicine, Berlin, Germany, December 2024.
- Visiting Fellow in Plastic, Reconstructive and Craniofacial Surgery at The University of Texas Southwestern Medical Center, Dallas, Texas, USA, 10 weeks, 2025
- Visiting Fellow in Pediatric Plastic Surgery at The Department of Pediatric Plastic Surgery, Texas Children's Hospital, Houston, Texas, USA, 10 weeks, 2026

Research interest:

Cleft lip and Palate outcomes; acute and chronic burn management and wound healing.

Clinical interests:

Reconstructive plastic surgery, orthognathic surgery and dental implants for cleft patients; laser therapy for scars and aesthetics.

Presentation:

1. Oral Presentation – Epidemiology of Surgically-managed Mandibular Condylar Fractures, The 8th Annual Conference and Joint Scientific Meeting of the Nepalese Association of Oral and Maxillofacial Surgeons and the Japanese Society of Oral and Maxillofacial Surgeons, Kathmandu, February 2018.
2. Oral Presentation – Comprehensive Cleft Care and Other Maxillofacial Surgeries at Kirtipur Hospital; 1st Joint Conference of the Nepal and the Germany Association of Plastic and Reconstructive Surgery, Cottbus, Germany, November 2024.

Publications:

- Thapa, S., Wang, J., Hu, H.-T., Zhang, F.-G., & Ji, P. (2017). Epidemiology of surgically managed mandibular condylar fractures at a tertiary referral hospital in urban southwest China. *The Open Dentistry Journal*, 11(1), 294–300. <https://doi.org/10.2174/1874210601711010294>
- Song, L., Gao, L. N., Wang, J., Thapa, S., Li, Y., Zhong, X. B., Zhao, H. W., Xiang, X. R., Zhang, F. G., & Ji, P. (2018). Stromal cell-derived factor-1 α alleviates calcium-sensing receptor activation-mediated ischemia/reperfusion injury by inhibiting caspase-3/caspase-9-induced cell apoptosis in rat free flaps. *BioMed Research International*, 2018. <https://doi.org/10.1155/2018/8945850>
- Thapa, S., Basnet, R. B., Shrestha, B., Thakur, A., Shrestha, N., Shrestha, A. L., & Basnet, N. B. (2019). Gingival overgrowth as a complication of kidney transplantation – Nepali perspective. *Nepalese Medical Journal*, 2(2), 259–264. <https://doi.org/10.3126/nmj.v2i2.26463>
- Thapa, S. (2020). Twenty percent. *Nepalese Medical Journal*, 3(2). <https://doi.org/10.3126/nmj.v3i2.34836>
- Pradhan, L., Shakya, P., Thapa, S., Nakarmi, K. K., Maharjan, A., Agrawal Sagtani, R., & Rai, S. M. (2020). Prevalence of dental anomalies in the patient with cleft lip and palate visiting a tertiary care hospital. *Journal of the Nepal Medical Association*, 58(228), 591–596. <https://doi.org/10.31729/jnma.5149>

- Pradhan, L., Shakya, P., Thapa, S., Nakarmi, K. K., Maharjan, A., Agrawal Sagtani, R., & Rai, S. M. (2020). Prevalence of dental anomalies in the patient with cleft lip and palate visiting a tertiary care hospital. *Journal of Nepa I Medical Association*, 58(228). <https://doi.org/10.31729/jnma.5149>
- Quirarte, D. M., Thapa, S., & Hollier, L. H., Jr (2025). Review of "Mindfulness-Based Interventions for Surgeons" by Ari S. Coopersmith. *Annals of Surgery*, 2025;281:542-548. *The Journal of craniofacial surgery*, 10.1097/SCS.00000000000011674. Advance online publication. <https://doi.org/10.1097/SCS.00000000000011674>

References

- **Prof. David Sainsbury, MBBS, BMedSci, MSc, FRCS**

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- **Prof. Ji Ping DDS, PhD.**

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- **Judy O'Young, MD**

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